



How to gain a Distinction/Distinction* in Health & Social Care

A*	DISTINCTION*
A	DISTINCTION
B	MERIT
C	LEVEL2 PASS

ASSESS /JUSTIFY/ANALYSE - The impact of the examples given to reach the merit.

EXPLAIN (DISCUSS) - The importance of each example given to reach the pass grade.

EXAMPLE/DESCRIBE - Give a specific example (demonstrate full understanding of the topic).

YOU ARE ASSESSED ON YOUR ABILITY TO:

- Provide a full and balanced answer. It is important to identify key words in the criteria and use them in your response.
- Provide an answer which is well written and shows a full response to the task including a variety of examples

UNIT 5 - Promoting Health and wellbeing

Describe a health risk - an example of a health risk could be high blood pressure. Describe the effects of high blood pressure on an individual and how individuals can try and keep blood pressure down. **Develop the information included in the pass criteria by explaining the physical, intellectual, emotional and social effects (PIES) and how health campaigns and support groups offer advice and support to individuals.**

From the support offered (the promotions) look at how good you think these are - what are the strengths and weaknesses of each type of campaign/support? How could they be improved?